



CONOVER  
FIRST UNITED  
METHODIST

## *Our Vision:*

*“By knowing Him, we seek to make Him known to all people through the love and grace of Jesus Christ.”*



*The Weekly Newsletter of First United Methodist Church, Conover*

*October 13, 2020*



### **“WELLNESS, WITNESS, WORKOUTS”**

Blessings in the name of Jesus Christ! My name is Kara Osbourne, and I am a wife, mom of two, and former school counselor. Back in 2014, the Lord led me to create an early morning workout group for women here in Conover. Instead of it being a fitness class about pursuing a lower weight or more toned bodies, it was instead a group formed to train physically and spiritually to be ready for the call placed on our lives by the Lord. By utilizing Scripture, faith based encouragement, Biblical truths, positive and uplifting music, and fun workouts, “Wellness Witness Workouts” was launched and has continued as a way to disciple women using the Word of God and the tool of fitness.

When our group first began, I hoped that these classes could serve as a way to help women strengthen their bodies physically while training their minds and hearts spiritually. What I’ve gotten to watch God do since that time *is so much more*.

Women show up thinking they need a workout but what they leave with is Community. Truth from the Word. Gospel-centered Encouragement for their hearts. Support for their journey. And a new boldness to step forward as the person God has created them to be.

Thanks to your church and your willingness to support this mission, we are going to be able to continue offering these classes for women in the area every Monday, Wednesday, and Friday morning at 5:30 am until 6:05 am in your Connor Family Life Center. Why another fitness class when there are so many wonderful options already available? Because what we’re building here is something different.

WWW is a community of women who know that the workout is really just the warmup and that we’re training for much more than better bodies. It is our hope and prayer that when a woman steps foot into one of these classes that she leaves feeling loved, accepted, encouraged, and more ready to walk forward in mission. I would like to THANK your church for giving us a space to continue this work and to INVITE any interested women to join us. Classes are open to women of all ages, sizes, and ability levels. Modifications are given to decrease or increase intensity as we move so all are welcome. Each class is around 35 minutes long and will include Scripture as well as a focused intentional time reflecting on the Word, ending in prayer for our day ahead. Donations are accepted and appreciated but never required, and are used to help pay expenses for the group.

Our hope is that the Lord will use this ministry to bring new members of our community inside the doors of the church, which will open up opportunities for growth and change. If you have questions, email me at: [kara@wellnesswitness.com](mailto:kara@wellnesswitness.com).

# \*PRAYERS, PRAISES AND NEEDS\*



## Let Us Pray...

As an ongoing part of our Nurturing Ministry, we are asking all members of our church to pray for six specific families. Each week we will identify a different group of six families as we work our way through our church roll. The families for this week are:

Jody, Michelle, Brooke & Spencer Brackett  
Andy, Wende, Kaela & Colt Briggs  
Evelyn Brooks  
\*Phyllis Brown  
Barbara Bruner  
George Bruner



## DON'T FORGET OUR MEMBERS IN THE NURSING FACILITIES & OUR HOMEBOUND!

Rick Parker - Catawba Valley Living at  
Rock Barn (Room 107)

4174 Shook Road  
Claremont, NC 28610

LaVerna Wilson  
4801 Edwards Mill Rd.  
Raleigh, NC 27612-4417

Betty Fisher - Valley Nursing & Rehab (Room 606)  
581 NC-16 S Taylorsville 28681  
Cell - (828) 302-6608

Nell Johnson  
Kingston Residence  
904 2nd Street NE, Apt. 109  
Hickory, NC 28601  
(828) 328-9962 - landline  
(828) 228-7396 - cell

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Betty Moritz, 103 County Home Road  
Conover, NC 28613

Dolores Setzer PO Box 1237  
Conover, NC 28613

Beverly Stone, 403 Rock Barn Rd., NE  
Conover, NC 28613

If you know of any homebound members that need to be on our list, please contact the church office at (828) 464-4635.

## IN / OUT OF HOSPITAL

None

## THANK YOU FROM THE CORNER TABLE

Church Family,  
We would like to thank you for your continued support of The Corner Table. We thank you for your recent donation. As our numbers continue to grow daily, we thank you for your care and concern for those who are less fortunate.

Blessings,  
The Corner Table

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First United Methodist Church,  
On behalf of The Corner Table, we want to thank you for your participation in our 2020 Parade of Cans Food Drive. Thank you for your monetary and in kind donation of canned foods. In total, your church collected 1,064 pounds toward our drive. Collectively, the community gave more than 23,000 pounds of much needed supplies. Thank you for believing and supporting our mission.

Blessings,  
The Corner Table

## THANK YOU!

A word of thanks to the entire congregation for all the food, cards & prayers we received after Ralph's fall. He is healing well & is feeling better everyday. We could definitely feel all the love through the many prayers!

Thanks again!

Ralph & Patricia Hatch

## ADDRESSES NEEDED FOR COLLEGE STUDENTS

Please submit your addresses to the Faithbuilders' Sunday school class by emailing your address at college or at home, if you are a commuter, to Denise Moose: mooselodge@bellsouth.net. They would like to stay in contact with you as you continue your studies. Faithbuilders' Sunday school class' mission is to support, encourage, and pray for you throughout the year. Also send your email address to the church office at:

fumcc@fumconover.org so you may receive the weekly Newsletter.

Thank you,  
Denise Moose



# NEWS TO USE

## WORSHIP

Worship with us Sundays at 8:45am and 11am by viewing our livestream at <http://www.fumconover.org/live> or on our Facebook page by searching for First United Methodist Church of Conover.

Worship with us Sunday by attending one of two services:

8:45am Contemporary Worship in the Sanctuary (Masks recommended))

11:00am Traditional Worship in the Sanctuary (Masks are required)



If you are a recent high school graduate or a Young Adult looking for a Sunday School Class, there is a class just for you here at First Methodist Conover! If you will send me your email address I will add you to my weekly email. I look forward to communicating with you and welcoming you to our class when you can be with us! Right now our church plans to offer the opportunity to attend Sunday School classes again on October 18.

Thank you,  
Connie Henderson  
[cls.henderson@gmail.com](mailto:cls.henderson@gmail.com)

## Faithbuilders Sunday School Class:

We are continuing our virtual study of the book of Romans every Sunday evening (until notified otherwise), starting at 6:45PM for one hour. Check your email for the Zoom access instructions.

Church family, you have an open invitation to join us! Email Lindsay Keisler at ([lkeisler@catawbachamber.org](mailto:lkeisler@catawbachamber.org)) to receive the meeting link."

Thank you,  
Lindsay Keisler



## PASTOR'S QUIZ



The number of the beast was

- 13
- 40
- 666
- 777

(The correct answer is on the back of the newsletter.)

## STEWARDSHIP REPORT

By Our Presence Oct. 11, 2020  
Sunday School  
N/A

Worship:	
8:45am Service	32
10:00am Service	50
11:15am Service	32
Live Streaming	140
Total	254

### God's Tithe & Our Gifts

General Fund	\$ 10,830.01
<i>(Needed weekly for budget: \$12,596)</i>	
Capital Campaign	150.00
Children's Bank Fund	45.00
Preschool Fund	100.00
UMCOR (Adv. #901670)	100.00
Total	\$ 11,225.01

## HONORARIUM UMCOR ADV# 901670

In honor of Dr. Gary & Mrs. Debbie Royals and Associate Pastor Charmaine and Mr. John Van Rooyen for Clergy Appreciation Month by:  
Keith & Tommie Hall

## UPPER ROOMS

The September / October "Upper Room" devotional books are in the racks for you to pick up and use. One rack is located in the upper hallway by the water fountain, and the other is located on the bookshelf outside Pastor Charmaine's office. You can read the same daily devotional that is in the book each day by going on line to this website:

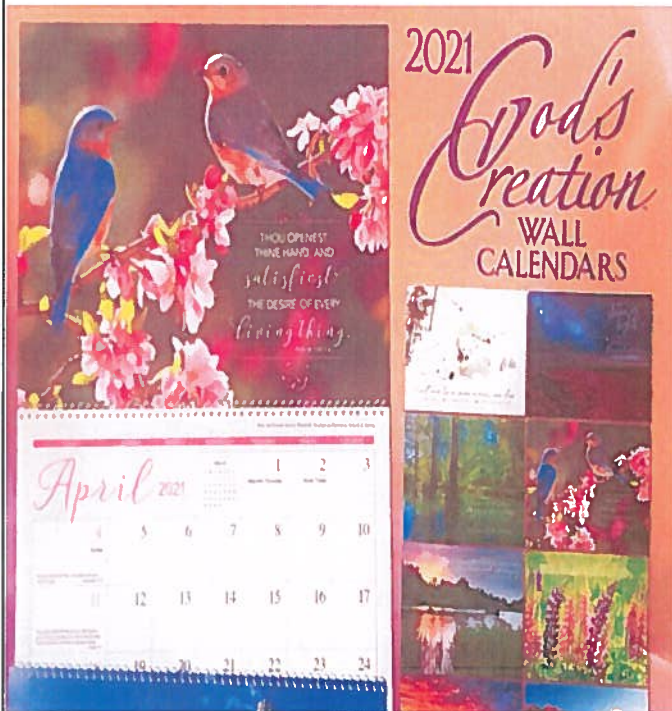
<http://www.upperroom.org/devotional/>



First United Methodist Church  
410 First Avenue North  
Conover, NC 28613  
*Return Service Requested*

Non-Profit  
Organization  
U.S. Postage  
PAID  
Conover, NC

Calendars are here!  
The cost is \$7 each.  
Please see a youth or  
Charles or Mary Hornick  
to get yours today!



Answer to this week's Pastor's Quiz:

c. 666 (Revelation 13:18)

**GUESTS for Sunday, October 11, 2020:**

78 households viewed by live-streaming at  
1.8 persons per household = 140  
1st Service - 32; 2nd Service - 50; 3rd Service - 32  
Total: 254

WNCC now recommends 1.8 persons per household.

**CHURCH STAFF**

Pastor	Dr. Gary Royals (pastor@fumconover.org)
Associate Pastor of Faith Dev.	Charmaine Van Rooyen (pastorcharmaigne@gmail.com)
Administrative Assistant	Robin Mays (fumcc@fumconover.org)
Music Director	Jonathan Rogers (jsrogers99@gmail.com) (828) 244-7019
Pianist	Shannon Rogers (srog101@gmail.com) (828) 244-6124
Organist	Alex Wilson (organistfumconover@gmail.com) (803) 810-3396
Preschool Director	Ginger Doub (466-3158) (ps@fumconover.org)
Lead Nursery Worker	Pilar Tobar
Custodian	Luisa Toro Bryan (828) 464-4635
Church Office	www.fumconover.org
Website:	(828) 464-4635-church
Pastor's phone numbers	(704) 787-0598-cell
Pastor's address	2161 Augusta National Drive Denver, NC 28037
Associate Pastor's phone #	(781) 913-4415 - cell
Associate Pastor's address	1307 8th Avenue NW Conover, NC 28613

# Fueling Faith



**'See Jesus' Boxes are ready!!!**



Drive through this Sunday, October 18 between 4 and 5pm to collect. For those unable to participate in the Drive through the boxes can be picked up during the day on Thursday or Sunday morning.

## Operation Christmas Child 2020



Shoebboxes are available in the Check-in lobby downstairs.

Drop your SHOEBBOX off at church by **November 8, 2020**.

Want to track your box to see where in the world it got delivered?

Print your label online.

“... **if my people**, who are called by my name, will humble themselves and **pray** and seek my face and turn from their wicked ways, then **I will hear** from heaven, and I will forgive their sin **and will heal their land.**” - 1 Chronicles 7:14



Please join us in prayer; at home or here in the Sanctuary. Let us lift up our voices to our Heavenly Father.

WHO: Everyone  
WHEN: Thursday, October 29  
WHERE: Sanctuary / home / office  
Between 9 am and 5 pm



Volunteers will be needed to cover the time the sanctuary will be open. Please let me know if you are interested .

Pastor Charmaine



Ephesians 6:10-11

# First United Methodist Church, Conover Youth Ministry 2020-2021

## Calendar Watch

### October

18 - Youth Meeting & Ministry Teams

25 - Youth Meeting & Ministry Teams

### November

1 - Youth Meetings & Ministry Teams

15 - Youth Sunday

### December

6 - Progressive Dinner

### February '21

12 - 15 - Ridge Haven High School Retreat

### April '21

23-25 - IgniteUs Middle School Retreat



## YOUTH is BACK

It was great to have the youth back together. We were 17 strong. If you were not able to come this week, come on out to our next meeting.

We made blessing bags for the homeless. If you can, please pick up a bag and bless someone

## Next Youth Meeting on October 18th

Meetings will be in the Life center. Please enter there for temperature check. Masks are not mandatory but are recommended.

Youth Praise Team: Will Not Meet  
Youth Dance Team: 4:15pm  
Meeting: 5pm  
Youth Drama Team: 6:15pm

## Youth Sunday

November 15th;  
services at 8:45 & 11.



## Ridge Haven

The high school youth will be going back to Ridge Haven February 12th through the 14th or 15th.

Please let us know this month if you are interested so we can get signed up.



Check us out on Facebook @ FUMCC Youth!



For more information about the Youth Ministry at Conover First United Methodist Church, please contact

Charles Hornick (828-381-7231 / charles\_h71@charter.net)

Mary Hornick (828-381-7233 / maryhornick1974@gmail.com)